

WRFU

JUNIOR CLUB RUGBY



WRFU Junior Club Rugby is a skills development programme where children are able to thrive in an environment of fun, learning, and the challenge of fair and even competition.

The age/weight policy and modified rules are designed to allow children to play rugby with other children of similar age, weight and ability in the safest environment possible.

Weights & Grading for the 2017 Season

NOTE: The following weights are set by the Wellington Rugby Football Union. Individual clubs committees, administrators or coaches have **NO** authority to alter these weights or make any kind of dispensation.

- Players must weigh **LESS THAN** the weight shown.
- **The Wellington Rugby Union does not condone, in any way, players being encouraged or advised to lose weight through dieting, changes in eating habits or the practice of 'sweating' in order to meet weight limits.**
- Some grades have compulsory set weigh-in days at the beginning of the playing season. Regardless of when a player first registers for the current playing season they must still weigh less than the maximum weight for their age at the official weigh-in as per the table below.
- Any player found to at anytime exceed an age or weight limit for a grade **MUST** move up a grade and will not be able to move back down again during the season
- Females may be allowed to move down one grade. This in the first instance is dependent on their ability and is at the discretion of the club. Clubs can only grant dispensation if the female complies with the weight restriction for a grade i.e. not to exceed the maximum weight stipulated for players playing up one grade based on their weight for the grade they are moving in to.
NOTE: Please refer to the 2017 Guidelines for Grading Female Players for further information.
- The WRFU, or any member thereof, has the authority to immediately suspend any player, coach, administrator or team, if they are found to be in breach of any of its rules, procedures, policies or codes of conduct.

Year of Birth	Weight At time of player registration and WRFU Junior Rugby Weigh-in Days	Grade	Grade Base Weight Criteria for Club Approved Dispensations	
2011 or after	Non-tackle, no weight limit	Under 6	<p>NOTE: Players electing to play down a grade according to the Grade Base Weight Rule or the special dispensation for girls, will NOT be eligible for nomination to, or selection in any representative team. Players who elect to play up a grade according to the Grade Base Weight Rule are eligible for nomination to, or selection in either grade's representative team.</p> <p>NOTE: Parents of children already approaching 33kgs may wish to consider moving their child up to Under 8 grade this season. Your club can advise you on this.</p>	
2010	Non-tackle, no weight limit	Under 7		
2009	Under 33kg	Under 8	Under 24kg	Under 7
	33kg or more	Under 9		
2008	Under 36kg	Under 9	Under 26kg	Under 8
	36kg or more but under 54kg	Under 10		
	54kg or more	Under 11		
2007	Under 40kg	Under 10	Under 27kg	Under 9
	40kg or more but under 60kg	Under 11		
	60kg or more	Under 12		
2006	Under 46kg	Under 11	Under 31kg	Under 10
	46kg or more but under 65kg	Under 12		
	65kg or more	Under 13		
2005	Under 55kg	Under 12	Under 37kg	Under 11
	55kg or more	Under 13		
2004	Open Weight Grade	Under 13	Under 46 kg	Under 12